

Journal of Neurotherapy: Investigations in Neuromodulation, Neurofeedback and Applied Neuroscience

Clinical Corner

D. Corydon Hammond Associate Editor
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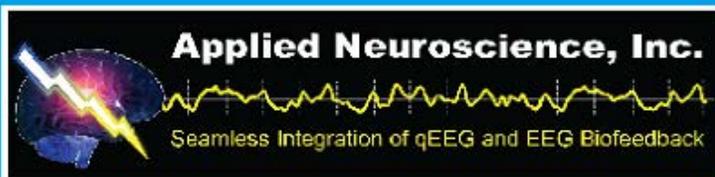
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CLINICAL CORNER

D. Corydon Hammond, Associate Editor

The purpose of the Clinical Corner is to provide space for clinically oriented material that, in many cases, may not yet have been evaluated by controlled research. Therefore, the personal opinions expressed in the column are exactly that, the opinions of the individual authors, often based on their clinical experience. The opinions shared belong to the authors and are not necessarily those of the International Society for Neurofeedback and Research or the Journal of Neurotherapy. Nonetheless, it is hoped that the diversity of opinions expressed in this column will stimulate thought and the further exchange of ideas. Readers are invited to send clinically oriented articles or questions for consideration to D. Corydon Hammond, PhD, University of Utah School of Medicine, PM&R, Salt Lake City, UT 84132, USA. E-mail: d.c.hammond@utah.edu

This Clinical Corner contains two articles. The first Clinical Corner contribution by Nancy

L. Wigton provides the clinical impressions of one of the earliest and longest users of 19-channel Live Z-score Training. Although this approach is guided by scientifically objective data, the outcome literature on these methods of doing neurofeedback still consist of only case studies and publications of an uncontrolled case series. Therefore, this article may be of particular interest to practitioners who have not used this type of QEEG-guided, full cap training, because the author points out her personal perspective on both benefits and potential limitations of this approach. The second article, by Gary J. Schummer and Jason von Stietz, is a case study of a 21-year-old man with adult onset schizophrenia. The subject was treated with aripiprazole and intensive neurofeedback training. The results showed a dramatic increase in functional abilities and a decreased need for medication, although the outcome was not stable over time.